



# **NEUROSTRUCTURAL**

## **AESTHETIC CLINICS**

CHIROPRACTIC • POSTURE THERAPY • STRESS MANAGEMENT  
IMPROVED STRENGTH & WELLNESS



# Toronto's NeuroStructural Aesthetic Clinic

 DR. JASON  
MAZZARELLA  
WHIPLASH | NECK PAIN | CHRONIC PAIN

## LOOK BETTER BY RESTORING STRUCTURE, FUNCTION & NEUROLOGY

Advanced non-surgical therapies designed to improve posture, facial tone, skin quality, circulation, movement, and youthful appearance – through evidence-informed structural and neurological care.



 BOOK CONSULTATION

 EXPLORE PROGRAMS

 SCHEDULE ASSESSMENT

## WHY STRUCTURE MATTERS FOR BEAUTY

Posture, spinal alignment, breathing mechanics, muscle tone, circulation, and nervous system function all influence how we age and how we look.

Poor posture and chronic stress patterns can contribute to:

- Forward head posture
- Facial tension
- Shallow breathing
- Jaw imbalance
- Muscle tightness
- Reduced movement quality
- Fatigue appearance
- Accelerated aging patterns

Our approach combines structural rehabilitation, neuromuscular therapies, circulation-focused treatments, and regenerative technologies to help patients improve both function and appearance naturally.



## OUR SERVICES



### 1. STRUCTURAL POSTURE CORRECTION

- Improved posture
- Better breathing
- Enhanced jawline
- Reduced tension

**HOW IT WORKS:** Advanced spinal rehabilitation and postural correction techniques improve alignment, mobility, and muscular balance.



### 2. NEURO-OPTIC ACOUSTIC THERAPY

- Reduced brain fog
- Improved focus
- Better sleep
- Nervous system relaxation

**HOW IT WORKS:** Multisensory neurological stimulation using light, sound, and frequency-based protocols to reset the brain and reduce stress load.



### 3. FACIAL MICROCURRENT THERAPY

- Facial toning
- Reduced puffiness
- Jawline enhancement
- Improved symmetry

**HOW IT WORKS:** Low-level electrical stimulation activates facial muscles and supports circulation and lymphatic drainage.



### 4. RED LIGHT & PHOTOBIMODULATION

- Skin rejuvenation
- Collagen stimulation
- Reduced inflammation
- Scalp & hair support

**HOW IT WORKS:** Specific wavelengths of red and near-infrared light support mitochondrial activity and cellular recovery.



### 5. COSMETIC ACUPUNCTURE & FACIAL NEUROMUSCULAR THERAPY

- Reduced facial tension
- Improved circulation
- Facial balancing
- Reduced puffiness

**HOW IT WORKS:** Targeted stimulation of facial muscles and acupuncture points improves circulation and muscular balance.



### 6. LYMPHATIC DRAINAGE & FACIAL SCULPTING

- Reduced swelling
- Improved definition
- Faster recovery
- Enhanced circulation

**HOW IT WORKS:** Manual techniques that improve lymphatic flow and reduce fluid retention.



### 7. PERFORMANCE RECOVERY & ANTI-AGING

- Improved recovery
- Reduced inflammation
- Increased energy
- Stress reduction

**HOW IT WORKS:** Integrated therapies that support recovery, nervous system balance, and physical optimization.

### PACKAGE 1 RESET & REFRESH

#### IDEAL FOR

Stress, fatigue, brain fog,  
posture strain, mild  
facial aging

#### INCLUDES

- ✔ Structural assessment
- ✔ Posture correction session
- ✔ Neuro-Optic Acoustic Therapy
- ✔ Red light therapy
- ✔ Facial microcurrent session

#### BENEFITS

- Increased energy
- Reduced tension
- Improved posture
- Facial refresh
- Mental reset



INVESTMENT: ENTRY LEVEL

### PACKAGE 2 STRUCTURAL AESTHETIC REJUVENATION

#### IDEAL FOR

Patients wanting visible aesthetic  
and postural improvements

#### INCLUDES

- ✔ Comprehensive structural assessment
- ✔ Postural rehabilitation program
- ✔ Facial microcurrent therapy
- ✔ Cosmetic acupuncture
- ✔ Red light therapy
- ✔ Lymphatic facial sculpting

#### BENEFITS

- Improved posture
- Better facial tone
- Reduced puffiness
- Enhanced circulation
- More youthful appearance



INVESTMENT: MID-TIER

### PACKAGE 3 ELITE PERFORMANCE & ANTI-AGING PROGRAM

#### IDEAL FOR

Executives, professionals,  
athletes, and high-performance  
individuals

#### INCLUDES

- ✔ Advanced structural correction program
- ✔ Neuro-Optic Acoustic Therapy
- ✔ Facial microcurrent
- ✔ Red light therapy
- ✔ Recovery therapies
- ✔ Neuromuscular retraining
- ✔ Performance optimization sessions
- ✔ VIP reassessments

#### BENEFITS

- Enhanced recovery
- Improved appearance
- Better posture
- Increased focus
- Reduced stress load
- Long-term performance optimization



INVESTMENT: PREMIUM

## REAL STRUCTURAL TRANSFORMATIONS



### STRESS & NERVOUS SYSTEM



HIGH STRESS

REDUCED STRESS

### SHOULDER POSITION



*"When you restore structure and function,  
your body performs, and you look, better."*

– Dr. Jason Mazzarella