Dr. Jason Mazzarella

DC, DAAPM, DCAPM, DAAETS, DQEEG (c), DWTT (D), FIAMA, MVC-FRA, CATSM, CBIS, CMVT, CPM, CDRSC, CDAAC, BSc KIN, BSc HPA

"TRUST THE DOCTORS WHO TEACH OTHER DOCTORS HOW TO ASSESS, DIAGNOSE AND TREAT WHIPLASH, CONCUSSION AND CHRONIC PAIN INJURIES."

Whiplash Risk Factor Examination Form with Scoring				
Patient Name: Date Clinician: Claim #:				
SECTION A — COLLISION & OCCUPANT FACTORS				
1.	Awareness of Impact			
	☐ Aware (0 pts) ☐ Not aware (3 pts) ☐ Unsure (1 pt)			
	Score:			
2.	Body & Head Position at Impact Head:			
	□ Neutral (0 pts)			
	☐ Turned (2 pts)			
	☐ Looking up/down (2 pts)			
	Body posture:			
	Upright (0 pts)			
	☐ Leaning forward (2 pts)			
	☐ Slumped (3 pts) ☐ Rotated (3 pts)			
	in Notated (5 pts)			
	Score:			
3.	Seating Position			
	☐ Driver (1 pt females / 0 pts males)			
	☐ Front passenger (0 pts)			
	☐ Rear seat (2 pts)			
	Score:			
4.	Direction of Impact			
	☐ Rear-end (3 pts)			
	☐ Side (2 pts)			
	☐ Frontal (1 pt)			
	☐ Multi-directional (3 pts)			
	☐ Rollover (3 pts)			
	Score:			

5. Relative Vehicle Mass

	□ Larger striking vehicle (2 pts)□ Same / Smaller (0 pts)□ Unsure (1 pt)				
	Score:				
6.	Estimated Impact Speed				
	☐ <10 mph (2 pts) ☐ 10–30 mph (3 pts) ☐ 30+ mph (3 pts) ☐ Unknown (1 pt)				
	Score:				
7.	Head Restraint Position				
	☐ Above center of head (0 pts) ☐ Below center / unknown (2 pts)				
	Score:				
8.	Seat Belt Use				
	☐ Yes (1 pt for cervical risk) ☐ No (0 pts) Score:				
SECTION B — MEDICAL HISTORY FACTORS					
9.	Prior Neck/Head Injury History				
	 □ Prior whiplash (3 pts) □ Chronic neck pain or headaches (2 pts) □ Degenerative findings (2 pts) □ None (0 pts) 				
	Score:				
SECTION	I C — EARLY SYMPTOMS (FIRST 12 HOURS)				
10.	Initial Symptoms (Check All)				
	Each of the following = 1 point: Neck pain Back pain Headache Dizziness Visual symptoms Cognitive symptoms				

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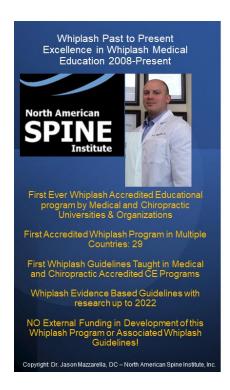
	☐ Sleep disturbance/fatigue				
	☐ Reduced ROM				
	☐ Upper back pain				
	☐ Arm pain				
	☐ Numbness/tingling				
	☐ Weakness				
	☐ Other:				
	Total symptoms checked:	pts			
	(Max recommended: 12 pts fo	r this section)			
	Score:				
11.	Neurological Symptoms				
	□ None (0 pts)				
	☐ Numbness/tingling (2 pts)				
	☐ Weakness (3 pts)				
	☐ Radiating arm pain (3 pts)				
	☐ Visual disturbance (2 pts)				
	Score:				
SECTION	I D — STRUCTURAL & RADIOLO	OGIC FACTORS			
12.	Known Cervical Findings				
	☐ Loss/reversal of lordosis (2 pts)				
	☐ Foraminal stenosis (3 pts)				
	☐ Cervical arthritis/degenerat				
	☐ Disc bulge/herniation (2 pts	5)			
	☐ Prior surgery (3 pts)				
	☐ None (0 pts)				
	Score:				
TOTAL P	ISK SCORE				
	section totals)				
	/ 50				
RISK INT	ERPRETATION (Medico-Legal S	Standard)			
Total Sc	ore Risk Category	Meaning			
0–10	Low Risk	Low probability of prolonged CKS; monitor.			
11–24	Moderate Risk	Elevated CKS Risk; early treatment indicated.			

multidisciplinary management.

High Risk

25+

Strong predictors of chronicity and spinal instability; consider imaging +



- Whiplash Education and Training for Healthcare Professionals:
- Academic Accreditation and/or Endorsement partners for both Whiplash Programs shown below
- Dr. Jason Mazzarella, DC
 - Whiplash Traumatology & Treatment: A Multidisciplinary Approach to Care.
 - 108 Medical, Chiropractic and AAFP Continuing Education Credit Hours
 - Whiplash Traumatology, Neurophysiology, Pain and Treatment Seminar Series: A Multidisciplinary Approach to Care.
 - 32 Medical, Chiropractic, Physical Therapy, and Massage therapy Continuing Education Credit Hours















